## Welcome to Nordic Bench Rest Championships 2012 Fredriksberg, Sweden

Friday 10 Aug

Practice 10.00 am – 06.00 pm

Saturday 11 Aug

HV 100 m, Warm-Up match Start 09.00 am

Sunday 12 Aug

HV 200m, No W-U, first match 10 minutes Start 08.30 am

**Registration** Saturday 08.00am – 08.30am

Participation fee SEK 200 per day

**Team Competition** National 3-man teams. Team registration before first match

No fee.

**Bench rotation** Change of bench during lunch break

**Weapon control** Scale available, random controls

**Food** Lunch restaurant in close proximity to the range.

Coffee and beverages at the range.

**Pre-registration** By e-mail to Bengt Nilsson, bnse@telia.com

Please disclose requests of bench or flag sharing

## Swedish Bench Rest Shooters Association Säfsen Benchrest